

(Extract from my Quillow class online) Continuous Binding with mitred corners

I used a double fold French binding. I find it to be much more durable than a single binding and I find it much easier.

Cut sufficient lengths of fabric strips in the fabric you are going to use for binding. Join these strips together with the angled seam and press lengthwise with wrong sides together. Allow extra at either end of the binding for joining.

Place a pin 1/4" in on each corner of the quilt to mark where you will stop stitching.

Start in the middle of one of the longer edges of the quilt, leaving an 8" tail. Place the binding on the edge of the quilt, matching the raw edges. Using a 1/4" seam, stitch the binding in place. Stop stitching when you come to the pin at the first corner, take a couple of back stitches, and remove the quilt from the sewing machine. Remove the pin.



Stitch until you come to the pin



Fold binding strip straight up forming a 45° angle



Fold lines up with top edge, raw edge of binding is against raw edge of quilt

Bring the binding back down, aligning the fold with the edge of the quilt you have just sewn and the raw edge with the side you are about to stitch. Stitch from the top edge, sewing through all layers. This forms the mitre.

Continue to attach the binding all the way around your quilt, mitering all four corners. Stop stitching about 8" from where you started attaching your binding, leaving another 8" tail.

Here is a really nice way to join your binding.



Lay your quilt with the edges to be joined on a flat surface.



Take one end of the binding and lay it flat along the edge of your quilt matching the raw edges.



Take the second end of the binding strip and lay it directly on top of the first strip, matching the raw edges.



Lift the two binding strips away from the quilt and cut a V shape on the raw edge through all four layers. Raising the strips away from the quilt prevents you from accidentally cutting through the quilt. Your binding strips are now notched on both sides.



Lay the left hand strip right side up on your work surface.



Take your right hand strip and place it right side up on top of the left hand strip, matching the fold with the V on the first strip. Match the V of the top strip with the fold on the bottom strip. Open the top strip and match the V with the fold of the bottom strip.



Pin the strips together ensuring the pins are placed away from where you will be stitching.

You are using the V as a registration mark and matching them up with the folds on both strips. Pin the two strips together, being sure to keep the V lined up with the folds.



Take the pinned strip and with the left hand strip on the top and the Vs lying on the left and right, as shown in the photograph above, mark a stitching line from top left to bottom right. This is exactly the same procedure you used when joining strips for the binding and borders.



Stitch along the marked line.



Trim the binding strip using a 1/4" seam allowance



The join is perfect!

You may want to press the binding. This can be done easily by placing the ironing board between the quilt and the binding. Stitch the binding in place. You can see how easy that was and you get a perfect join each time. I use this method to join all my binding and I love it. If you haven't already tried this technique, I hope you found it useful.

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